Fishers Department of Fire and Emergency Services

WeCare: For a Healthier City of Fishers
58 Square Miles
Population: 88,000
Needs analysis

- Accessibility of care for residents
- Healthcare resource gaps
- Community (Social) services referral
- High volume calls
- Mortality and morbidity in the City of Fishers
  - Indiana Department of Health: Epidemiology Resource Center (ERC)
  - Hospital networks
- PPACA
  - Financial implications
24 Hospitals Located in Area

- Community Heart and Vascular Hospital
  Indianapolis, IN 46229
  317-621-8000 | heart.community.com

- Community Hospital Anderson
  Anderson, IN 46011
  765-298-4242 | communityanderson.com

- Community Hospital North
  Indianapolis, IN 46254
  317-622-4262 | community.com

- Franciscan St. Francis Health – Carmel
  Carmel, IN 46032
  317-705-4520 | franciscanstfrancis.org

- Indiana Orthopaedic Hospital
  Indianapolis, IN 46219
  317-956-1000 | indianaorthopaedic.com

- Indiana University Health Blackford Hospital
  Hartford City, IN 47348
  765-348-8290 | iuh.health.org/blackford

- Indiana University Health North Hospital
  Carmel, IN 46032
  317-688-2000 | iuh.health.org/north

- Indiana University Health Saxony Hospital
  Fishers, IN 46037
  317-678-2000 | iuh.health.org/saxony

- Indiana University Health Tipton Hospital
  Tipton, IN 46072
  760-473-8300 | iuh.health.org/tipton

- Marion General Hospital
  Marion, IN 46952
  765-660-4000 | mgh.net

- Peyton Manning Children’s Hospital at St. Vincent
  Indianapolis, IN 46260
  317-338-2343 | stvincent.org

- Riverview Hospital
  Noblesville, IN 46061
  317-773-0700 | riverview.org

- Select Specialty Hospital – Indianapolis
  Indianapolis IN 46250
  317-819-8889 | selectspecialty.com

- St. Vincent Stress Center
  Indianapolis, IN 46260
  317-338-4000 | stvincent.org

- St. Vincent Heart Center of Indiana
  Indianapolis, IN 46290
  317-583-8000 | northsidevca.com

- St. Vincent Anderson Regional Hospital
  Anderson, IN 46016
  765-449-2511 | stvincent.org

- St. Vincent Carmel Hospital
  Carmel, IN 46032
  317-382-7000 | stvincent.org

- St. Vincent Indianapolis Hospital
  Indianapolis, IN 46260
  317-338-2453 | stvincent.org

- St. Vincent Mercy Hospital
  Fishers, IN 46036
  765-352-4000 | stvincent.org

- St. Vincent New Hope Hospital
  Indianapolis, IN 46268
  317-338-0900 | stvincent.org

- St. Vincent Seton Specialty Hospital – Indianapolis
  Indianapolis, IN 46260
  317-415-8111 | stvincent.org

- St. Vincent Women’s Hospital
  Indianapolis, IN 46260
  317-415-8111 | stvincent.org

- VA Northern Indiana Health Care System, Marion campus
  Marion, IN 46953
  765-674-5321 | northernindiana.va.gov
Needs based on our risk assessment

- Hypertension monitoring
- Fall prevention
- Preventing moderate risk readmissions
  - Community Health Network (3 hospitals)
    ◦ CHF, AMI, Renal and COPD = 80-100/month
  - IU Health
    ◦ Follow up for discharged ER patients with additional needs
  - Pandemic response program
    ◦ Assisting Health department
      - Detection
      - Mass Vaccination
Hypertension

- Stations will be open for free blood pressure monitoring between the hours of 8 and 6.
- Cards will be provided by on duty crews to track blood pressure.
- Cards can then be shared with PCP.
- Data from visits will be blinded to identify participation and trending.

WeCare
WE CARE by Fishers Department of Fire and Emergency Services

Personal Blood Pressure Monitoring Card

Please feel free to stop by your local Fishers Department of Fire and Emergency Services Station to have your blood pressure re-checked.

<table>
<thead>
<tr>
<th>Category</th>
<th>Systolic</th>
<th>Diastolic</th>
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</thead>
<tbody>
<tr>
<td>Normal</td>
<td>&lt;120</td>
<td>&lt;80</td>
</tr>
<tr>
<td>Prehypertension</td>
<td>120 - 139</td>
<td>80 - 89</td>
</tr>
<tr>
<td>Hypertension</td>
<td>140 - 159</td>
<td>90 - 99</td>
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<tr>
<td>Stage 1</td>
<td>160 or higher</td>
<td>100 or higher</td>
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<tr>
<td>Stage 2</td>
<td></td>
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</tbody>
</table>


Date | Systolic | Diastolic
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Date | Systolic | Diastolic
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Date | Systolic | Diastolic
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Date | Systolic | Diastolic
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Fall prevention

- We would like to see a city where older adults can live safe, healthy and independent lives.
  - Achieved by:
    - Home safety check
      - EMS SignPost
    - Medication reconciliation
    - Referral to community resources

WeCare
740 Falls resulting in 633 transports to ED
• Fall prevention resources:
  ◦ CDC
    • Every 17 seconds an older adult will be treated in a hospital ER for injuries due to a fall.
    • Every 30 minutes, an older adult will die from injuries from a fall.
    • 2012: Direct Medical Cost of falls among older adults, adjusted for inflation, were over $30 billion dollars.
  ◦ Community Health network
    • Validated fall prevention worksheet
The recommendations made by the WeCare staff are only recommendations and not enforceable.

- Participants may implement (or not implement) any of the recommendations.
Pandemic response

- Currently the program is in the beginning phases of formalizing a protocol to administer flu and pneumonia vaccinations to high risk patients during a pandemic.
- We are also preparing to respond to current and future pandemic events
  - Equipment cache
  - Event specific response
Resources:
- CDC
  - Validated check sheets
- State epidemiology
  - Morbidity and Mortality stats
- County Health department
  - Community resources
  - CICOA in home aging solutions
    - Rainbow book
    - Education on 211 access
- Local hospital systems
  - Additional training
  - Potential funding source
Roadblocks:

- **Legal**
  - Patience is key
  - Plan ahead, way ahead!

- Local legislature
  - Programs **WILL** have political implications

- Hospital systems
  - Can be slow to embrace the concept
  - **WILL** be reluctant to share proprietary information and data
Recommendations:

- Patience, patience, patience
- Engage stakeholders early
  - Healthcare systems
  - State and Local government
- Plan, research, evaluate, repeat
A community collaboration

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