UC Student-Athlete of the Month for May - Paris Campbell

By: Ashley Duvelius

Paris Campbell, senior hurdler on the Bearcat women’s track and field team and Design Architecture Art and Planning student, says she wears the UC insignia with pride. As she continues to excel and holds an impressive 3.43 GPA, College of Engineering and Applied Science’s (CEAS) is proud to honor Paris Campbell Scholar Athlete of the Month for May.

Since joining the UC track team as a hurdler in 2009, Campbell has beaten her own personal record each year. During her freshman year in 2009, she recorded a personal best of 8.84 seconds in the 60 meter hurdles which qualified her for the Big East Championships. In the following season, Campbell ran a personal record of 8.79 sec. in the 60 m hurdles at the Big East Championships.

2010-11, she had a breakthrough season as she placed fourth at the indoor All-Ohio and second place at the outdoor All-Ohio track meets in the short hurdles. Then Campbell placed third at the outdoor Big East Championships and qualified for the NCAA preliminaries with a personal record of 13.75 sec. in the 100 m hurdles. Campbell finished off last season with a bang as she came in 6th place at the indoor Big East Conference.

When it comes to high performance on and off the field, Campbell emphasizes the importance of time management. She advises other student-athletes by saying, “Keep a tight knit schedule and always know what you have going on. Stay on top of assignments because it’s so easy to fall
behind. Always talk with your professors about upcoming events and just stay organized or you’ll be left behind.”

Campbell reminds all students to always ask questions. “You have to know when to ask for help or else you’ll get stuck,” she remarks. “And as a student, you should always represent your school in the best way possible.”

During her junior year, Campbell produced a fund-raising fashion show titled “Girls Track Insider East” for her high school in Euclid, Ohio. The proceeds benefitted the high school’s track team and Campbell was pleased to do it for her former alma mater. She wanted to give back to the community and more importantly, the school, which had given her the drive to succeed. She raised enough money to buy the team new uniforms, safety gear and track equipment.

Campbell has had many similar successes while enrolled at DAAP. Campbell interned with Saturday Night Limited and she designed two bath coordinates for them. Both were bought by Kohls and Bed Bath and Beyond. Also, she created a fashion cami for Tween Brands (Justice) and it was featured in the Spring 2012 Justice Collection.

“I look forward to completing my master’s degree and then one day, work for Nike, designing apparel for them,” Campbell says with confidence. As she sprints toward the finish line of graduation, her accomplishments both in the classroom and out keep UC a stride ahead of the rest!